American Academy of Martial Arts

1458 Clovis ave. Clovis, Ca 93612 (559) 297-7415 2745 W. Shaw ave. Ste 124 Fresno, Ca 93711 (559) 222-2772

Student's name:_____

Use this log to keep an accurate record of your practicing at home.

Parents please initials if student is a minor.

Date	Duration in minutes	List of what was practiced	Initials
3/21/2020	25 min	Warm ups, bag, and rolls	MT